





**3. How much time do you spend on paperwork each week?**

*Preparing quotes and invoices, payroll, billing, managing jobs, etc.*

**4. How much time would you like to spend on paperwork each week?**

**5. What is one goal you want to achieve in the next 12 months to help you achieve time freedom?**

**6. What three actions will you take to achieve this goal?**

## Mind Freedom

**1. What are the three areas of your business that cause you the most stress?**

**2. What would it mean to you if these stresses were minimised or removed?**

**3. What will success look like to you in the next 12 months?**



**4. What is one goal you could achieve in the next 12 months to help you achieve mind freedom?**

**5. What three actions will you take to achieve this goal?**

## **Next Steps**

**1. How will you ensure that the actions you've committed to happen so you achieve the three freedoms?**

**2. Is there any other support you need for your business?**

*E.g. a complimentary meeting (if you haven't had one with us in the last six months).*